



## Emotional Freedom Technique Level 3 Workshop

**Learn EFT from leading expert - Dr. Alexander R. Lees**

Dr. Lees is looking forward to sharing his knowledge & skills which have enabled him to have a 95+% success rate during his 20+ years of successful private practice. Dr. Lees has been teaching and using EFT for the past 9 years and in his private practice has done 5,000+ one-on-one EFT sessions.

### EFT Level 3 Workshop

Prerequisite - attended EFT Level 1 and 2 Workshops, and successfully completing the Written Examination. This workshop will provide further refinement of your EFT skills, additional information, and focus on the "Art of Delivery." The following topics will be covered:

- How to **establish rapport** (both conscious and unconscious) with your client.
- Information Gathering - learn **specific ways** of finding out what the client's issues are, and what they want to work on.
- How to **preframe** your client, your session and what you're going to do.
- Learn **specific techniques** to assist you in the Information Gathering phase.
- **How to test** your application of EFT has been successful and the importance of doing so.
- What to do when EFT doesn't seem to work.
- What to do with presented issues you have never dealt with.

We focus on "practical" learning throughout the workshop (which allows you to more fully integrate EFT into your life) with **questions and answers, demonstrations and practise**. After each question is answered, the reasoning used to arrive at that answer will be explored and discussed. The same approach will be applied after each demonstration.

We encourage and invite participants to **bring a client** for demonstration purposes. After each demonstration there will be **personal feedback** to further assist in your learning. We will limit the workshop to six participants so everyone receives individualized attention throughout the workshop.

Participants wishing to take the **Practical Examination** will be evaluated on your knowledge and level of skills in the application of EFT during your demonstration.



"This workshop was fantastic! I am now fully confident in my ability to use EFT successfully with my clients. Thank you!  
M. Wilkinson, Seattle, WA

**Presented by**

**Dr. Alexander R. Lees, D.C.H.**

Dr. Lees is a Registered Clinical Counsellor with a Doctorate in Clinical Hypnotherapy. He is the author of **EFT - Emotional Freedom Technique - What is it and how does it work?** and co-author of **Freedom at Your Fingertips**.

### Seminar Details

**When:** March 29 & 30, 2008

**Time:** 9:00 am to 4:30 pm

**How Much:** \$549.00 (includes lunch)

**Discount: 10% for early registration = \$494.00**

and paid in full by March 14, 2008

**Where:**

South Surrey (White Rock area) BC

**To Register:**

**604.542.6277** or [lees@dralexlees.com](mailto:lees@dralexlees.com)

**Register online at**  
[www.DrAlexLees.com](http://www.DrAlexLees.com)